Bioavailability of silver nanoparticles and ions: from a chemical and biochemical perspective

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Owing to their antimicrobial properties, silver nanoparticles (NPs) are the most commonly used engineered nanomaterial for use in a wide array of consumer and medical applications. Many discussions are currently ongoing as to whether or not exposure of silver NPs to the ecosystem (i.e. plants and animals) may be conceived as harmful or not. Metallic silver, if released into the environment, can undergo chemical and biochemical conversion which strongly influence its availability towards any biological system. During this process, in the presence of moisture, silver can be oxidized resulting in the release of silver ions. To date, it is still debatable as to whether any biological impact of nanosized silver is relative to either its size, or to its ionic constitution. The aim of this review therefore is to provide a comprehensive, interdisciplinary overview—for biologists, chemists, toxicologists as well as physicists—regarding the production of silver NPs, its (as well as in their ionic form) chemical and biochemical behaviours towards/within a multitude of relative and realistic biological environments and also how such interactions may be correlated across a plethora of different biological organisms.

1. Introduction

Over the past 20 years the increase in nanoparticle (NP) research has been concomitant with the overwhelming increase in the level of nanotechnology-related products being produced [1,2]. This new industrial revolution promises to provide an advantageous basis for numerous applications, including medicine, consumer products (such as cosmetics and sporting equipment), environmental remediation and information technology [2]. For the basis of this review, the following definition for an NP will be used; i.e. a nano-object with all three external dimensions in the nanoscale (1–100 nm) [3]. Common within all engineered NPs is their ability to exhibit significantly novel and distinct physical, chemical and biological properties because of their nanoscale size.

Silver (Ag) NPs are an example of the numerous different types of NPs being engineered for use in a wide array of consumer, industrial and technological applications. Ag is a (precious) metal with the chemical symbol Ag, an abbreviation of the Latin word for silver, i.e. argentum. Ag NPs are clusters of Ag atoms that range in diameter from 1 to 100 nm and are attracting interest since their most innovative characteristics are associated with their increased antimicrobial properties [4–6]. Owing to these antimicrobial properties, Ag NPs are currently the most commonly used NPs in consumer and industrial applications (www.wilsoncenter.org). The use of Ag as an antimicrobial agent, however, is not a new concept. Ag pots and coins were used in ancient times to keep water sterile and in particular Ag-nitrate (AgNO₃) has been used...
since the seventeenth century as an essential multipurpose medicinal product [7,8]. Examples of recent consumer applications using Ag as an antimicrobial agent consist of food supplements, materials for food packaging, coatings on medical devices, water disinfectants, air filters, electronic appliances, odour-resistant textile fabrics and cosmetic products such as deodorants [9,10].

Despite the prominent advantages of using Ag NPs in such applications, the possible health as well as environmental effects of Ag and of NPs in general [11,12] have raised concerns as to their mass use and production without having a clear understanding of their specific behaviour in aquatic and biological systems. Such concerns have been the basis for increased attention towards gaining an insight into the potential human health and environmental effects following exposure to Ag NPs. Human exposure to Ag has been described to occur orally, dermally or by inhalation, and occupational exposure is one primary concern. Patients that inhale or ingest Ag in large quantities and over a long period of time develop a disease called ‘argyria’ which means that their skin develops a blue or grey discoloration [13]. It is, however, not described if the patients have been exposed to nanosized Ag or to the bulk form of this material.

Environmental concerns are heightened due to the use of Ag NPs in washing machines and similar applications which can cause direct NP release into environmental systems and thus exposure of aquatic or terrestrial organisms to Ag NPs. Owing to the initial production of Ag NPs by humans, occupational exposure is of primary concern. Although toxic effects of Ag NPs to a number of organisms have been demonstrated [14], many questions concerning the specific interactions of Ag NPs with organisms at the biochemical and cellular level remain open. This is highlighted by the disparity whether the effects of Ag NPs are in fact a direct result of the NPs themselves, or rather due to the interaction with Ag ions [15] that are released in aqueous suspensions [16]. In the presence of moisture, metallic Ag NPs are oxidized, which results in the release of Ag ions (Ag⁺). Ag oxidation is typically a slow reaction which strongly depends both on the Ag NP properties, such as size and coating, and on the environmental conditions [13]. Several studies illustrate this contradicting picture and further highlight other aspects that may contribute towards the environmental and biological impact of Ag [14].

As soon as Ag NPs are released into the environment, such as for instance in the air or water, in experimental media or in biological fluids they start to transform which modifies their properties influencing their transport, fate and possible toxicity [17]. It is found in elemental form and in various ores such as argentite (silver sulfide, Ag₂S). Ag is insoluble in water, whereas many Ag salts, such as e.g. AgNO₃, are water soluble [18–20]. Ag occurs naturally in several oxidation states, usually as metallic Ag and Ag⁺; other possible oxidation states are Ag⁺² and Ag³⁺ [21,22], these two latter forms are, however, not of relevance for aqueous solutions and under environmental or biological conditions.

The aim of this review is to describe the chemical and biochemical transformations of Ag NPs, which determine their bioavailability to bacteria, algae and higher organisms, as well as to consider uptake mechanisms of Ag NPs and of Ag⁺ at the cellular level (figure 1). These considerations provide then a basis for understanding possible adverse effects.

2. Production and characteristics of Ag nanoparticles

There are numerous reports on the synthesis of Ag NPs [18,20,23]. In general, there are two strategies to produce metal NPs. One is the so-called bottom-up method, where nanostructures are obtained through assembly of smaller, basic units into larger structures. The other is the top-down method, which starts from bulk material, whose size is decreased during the process. Common top-down techniques include e.g. photo-lithography and electron beam lithography [21,24].

A comprehensive coverage of all methods would be beyond the scope of this review. Instead, this review will describe the most commonly used bottom-up techniques that are used in the current literature.

The most extensively studied method for synthesizing Ag NPs is the controlled reduction of Ag salts [25,26]. This reduction is often accomplished using a chemical reducing agent [27–29] but also via electrochemical [23,30] or photochemical reduction [31,32].

This wet-chemical method, which involves Ag salts reduced (in one or more steps) to metal Ag, can be steered by many different parameters, such as the choice of the reducing agent, the concentrations of reagents, temperature, pH, mixing rate and reaction time [20,31]. In order to tailor the particles’ properties, many studies have focused on the generation of different shapes, such as rods, wires, cubes, thin plates or bipyramids [33–35]. In addition, substantial effort has been devoted to the construction of core–shell structures, such as e.g. Ag@Au (silver core particles with a gold shell) or Ag@SiO₂ NPs [23,36].

In general, strong reducing agents result in the formation of smaller NPs, whereas weaker reducing agents usually lead to larger Ag particles, as shown by Hoemann et al., who studied the influence of borohydride and citrate on particle size distribution and colloidal stability [24,33]. Borohydride or dimethyl formamide are examples of strong reducing agents used to produce Ag NPs. Pastoriza-Santos and Liz-Marzan have shown the impact of temperature on the reaction rate and consequently on particle formation [25,37].

The so-called polyol-process uses ethylene glycol as both reducing agent and solvent, the reaction is carried out at 160°C using Ag nitrate as the Ag source [28,38]. Sun and Xia showed in 2002 how this reaction can be tuned by adapting the reaction parameters. They produced single-crystalline Ag nanocubes with controllable dimensions [23,39].

Another method makes use of a Tollens process to produce Ag NPs in a one-step method [31]. This reaction has been long used in the electroless deposition of Ag to generate reflective mirrors on solid supports and combines reducing sugars and Ag ammoniacal solutions [31]. The obtained particle size distributions are generally narrow. As described previously, the appropriate choice of reaction conditions is crucial also in this process. The Tollens method is an example of a green synthesis of Ag NPs. According to Raveendran et al. [33], a green synthetic approach includes the (i) selection of solvent medium, (ii) selection of environmentally benign reducing agents, and (iii) selection of non-toxic particle stabilizers. A recent review by Sharma et al. [36] summarizes current green chemistry approaches to synthesize Ag NPs focusing on the above-mentioned Tollens method, the polysaccharide method (using polysaccharides [33] as capping and/or reducing
Figure 1. Ag NPs released into the environment can either interact with the environment as metallic particles or be oxidized to Ag⁺. Both species can then undergo further interactions with aquatic and/or biological fluids and interact with proteins or chloride or thiols \((\text{a})\). All Ag species (underlined with a grey box) can then interact with aquatic systems such as \((\text{b})\) algae, \((\text{c})\) bacteria or \((\text{d,} \text{e})\) mammalian cells. \((\text{b})\) Represents a dark field scanning electron microscope (STEM) image of a section through an algae cell *Chlamydomonas reinhardtii* (courtesy by E. Müller & S. Handschin, EMEZ, ETH Zürich) evidencing the cell wall surrounding the cell. Clearly visible are the photosynthetic thylakoid membranes of the chloroplast which occupy most of the cellular space. For Ag NPs to be effective in inhibiting photosynthesis, particles need to pass through the cell wall, cell membrane and the chloroplast envelope. Conventional transmission electron micrograph image of a bacteria *Salmonella typhimurium* \((\text{c})\) shows the surrounding of the bacteria with a cell membrane that encloses all essential components of the cytoplasm. Note that bacteria do not have membrane-bound compartments. \((\text{d})\) Represents a TEM picture from an epithelial lung cell *in vitro* showing the typical polarization of an epithelium with the microvilli’s at the apical surface (arrow). At higher magnification \((\text{d})^\prime\) the typical membrane-bound intracellular compartments like cell nucleus (n) and mitochondria (m) can be identified.

agents), irradiation methods (using e.g. laser irradiation [37] of an aqueous solution of Ag salts in combination with a surfactant), polyoxometalates, which are water soluble and can undergo stepwise, multi-electron redox reactions [38] and biological methods [39]. The latter rely on the reduction of Ag ions using extracts from bio-organisms, which may act both as reducing and capping agents.

For any application of NPs, it is crucial to develop techniques to control their dispersion/aggregation. Usually, capping agents are used to enhance the particles’ colloidal stability and the choice of capping material used to protect or passivate the NP surface is absolutely crucial, since it impacts on size and morphologies and even the targeted application or particle cell interactions in general [33]. Citrate is a commonly used reducing agent and stabilizer in the synthesis of metal colloids and has long been applied to controllably synthesize Ag NPs [40]. Another very popular stabilizer used in the synthesis of colloidal Ag is 3-aminopropyl-trimethoxysilane [41]. Variation of typical parameters showed that by adapting the reaction temperature either silica spheres with adsorbed Ag NPs or Ag particles with thin silica shells could be obtained. Long chain thiols have been studied extensively to coat and stabilize metal NPs [20] and the impact of chain length and ligating head groups were investigated with regards to particle size distribution and stability [42]. Liu et al. [43] studied the impact of multidentate thiol ligands on capping efficiency. They could demonstrate that due to multiple binding sites on the NP surface, multidentate capping agents yield smaller and more stable NPs. In addition to such small molecules, a wide variety of synthetic and natural polymers have been investigated as Ag NP stabilizers. Poly(vinyl pyrrolidone) (PVP) was first used more than 30 years ago [44] and has been used to prepare metal NPs ever since. Other generally used polymers include polyacrylates, poly(vinyl alcohol) and polyacrylamide [20]. In addition to linear polymers, branched macromolecules have been studied as stabilizers for Ag NPs in the past. Luo et al. [45] produced small Ag NPs (20–40 nm) using a third-generation poly(propylene imine) dendrimer AgNO₃ solution without the introduction of additional reducing reagents and protective reagents in a microwave-assisted synthesis.

3. Behaviour of Ag nanoparticles in fresh waters and experimental media and biological fluids

The behaviour of Ag NPs in aqueous solutions will be considered with a special emphasis on the composition of freshwater (lakes or rivers), of wastewater and of similar synthetic solutions, in particular of culture media for aquatic organisms and cells. The most important processes for the bioavailability of Ag NPs and effects to aquatic organisms
include agglomeration or aggregation of NPs to form larger particles, oxidation of Ag(0) to Ag⁺, subsequent dissolution to dissolved Ag⁺ species, precipitation and solubility of Ag⁺ in solution and reactions modifying the reactivity of Ag(0)-NP [46–48]. The most important Ag⁺ solid phases to be considered for solubility are AgCl(s) and Ag₂S(s). The solubility of these two solid phases must be carefully considered in experimental media for biological studies of Ag NP and of Ag⁺ effects, as well as for their behaviour in natural systems and is therefore discussed here in some detail.

To evaluate the fate of Ag NPs in aqueous media, an essential question is their stability with regards to their size and colloidal dispersion [49]. Very small NPs are likely to be transported with the water phase and to easily interact with organisms. If the size of Ag NPs is increasing by agglomeration processes, they become less mobile, will tend to be deposited to the sediments and therefore become less available to organisms in the water column. This, in turn, may then affect deposit feeders and other benthic organisms. Stable Ag NP suspensions, as produced in the laboratory, are stabilized by using various surface coatings, as described in §2, which confer stability by building up an electrical charge at the surfaces of Ag NPs, or by steric stabilization [50]. The surface charge of Ag NPs is most often negative at neutral pH, if weak acids are used as coatings and is strongly pH-dependent. If the surface charge of Ag NPs is neutralized as a function of pH, agglomeration occurs, as shown for example for carbonate-coated Ag NPs and for citrate-coated Ag NPs at low pH [51,52]. Polymer-coated Ag NPs, especially with PVP, appear to be more stable as a function of pH and of media composition, as they are sterically stabilized [52,53].

A very important parameter for colloidal stability is the ionic strength (I). At higher ionic strength, Ag NP suspensions are destabilized, in a similar way as other colloids. Calcium (Ca²⁺) concentrations in the millimolar range, as they occur in freshwater, have been shown to cause agglomeration of Ag NPs [51,54]. In seawater with I = 0.7 and 10 mM Ca²⁺, Ag NPs are expected to strongly agglomerate. Synthetic culture media for aquatic organisms often contain divalent cations in the millimolar concentration range, or have higher ionic strength. The OECD medium for algal cultures contains 0.12 mM Ca²⁺ and 0.12 mM Mg²⁺, and its ionic strength is I = 0.002 [55]. Ag NP suspensions may be expected to be stable in this medium, but the stability will depend on the particular coating properties [16,53]. The most commonly used growth medium for fish cells is Liebovitz’s L-15. It contains relatively low Ca²⁺ (1.26 mM), but has a high ionic strength containing 0.14 M of NaCl. Moreover, the Leibovitz’s L-15 medium is supplemented with several amino acids, including cysteine and methionine at millimolar concentration. Ag NPs are thus expected to agglomerate in this medium, and dissolved Ag⁺ will be mostly either complexed to Cl⁻ or bound to cysteine and methionine, so that free Ag⁺ will only be present at very low levels.

The dissolution of Ag NPs implies an oxidation reaction at the NP surface, from the elemental Ag(0) to Ag⁺, and possibly a subsequent binding of Ag⁺ to a ligand, according to the general scheme:

\[
\text{Ag}(0) + \text{oxidant} \rightarrow \text{Ag}^+ \quad \text{(oxidant)}^- \quad \text{(3.1)}
\]

and

\[
\text{Ag}^+ + L^- \rightarrow \text{AgL}^{(z-1)} \quad \text{(3.2)}
\]

where the oxidant is oxygen or a reactive oxygen species, or another strong oxidant, and L is a ligand forming a complex with Ag⁺ [46]. These reactions are of high relevance for possible toxic effects of Ag NPs, as released Ag⁺ appear in many cases to determine their toxicity, or at least substantially contribute to the adverse biological effects observed [48,56,57].

Dissolution of Ag NPs is expected to be dependent on the presence of oxygen [58,59]. The presence of ligands for Ag⁺ may increase the dissolution rate of Ag NPs and lead to increased dissolution by formation of Ag⁺ complexes [60]. Thiol ligands such as cysteine strongly bind Ag⁺ [61]. Dissolution of Ag NP was strongly increased in the presence of a high concentration of cysteine (400 μM) [60]. Experiments in our laboratory with lower cysteine concentrations (1–5 μM) indicated increased dissolution at short reaction times, and decreased dissolution at longer times, probably due to reduction of Ag(I) by cysteine (Sigg & Lindauer 2013, unpublished data). However, some strong Ag(I) ligands may also strongly bind to the Ag NP surface and prevent further dissolution reactions. Interactions with proteins as ligands may also increase the dissolution of Ag NPs [62]. In the presence of algae, some biotic ligands are released, which may affect the dissolution of Ag NPs and the bioavailability of Ag⁺ [46]. Furthermore, the size of Ag NPs affects the extent and kinetics of Ag NP dissolution, with the smallest NPs being dissolved faster and to a larger extent [63,64]. The nature of the coating however, appears to be less significant than the size effect [64].

Ag NP dissolution is expected to significantly depend on pH and to be more efficient at low pH [16]. In this study, release of Ag⁺ in the presence of oxygen increased by a factor of 5 if the pH was lowered from pH 7 to 4. In Ag NP dissolution experiments using various natural water samples, dissolved Ag⁺ increased by about a factor 4 in the case of lake water with pH 6.4 and low ionic strength, in comparison with lake water at pH 8 and higher ionic strength (Odzak & Sigg 2013, unpublished data). These results should be considered in view of pH in natural waters in the typical range of 6–8.5, and in experimental media for aquatic organisms pH 7.0–7.5. However, pH in gastric fluids may be as low as pH 1.6 (human gastric fluid) [64] and pH 0.8 in fish guts [65]. Extensive and rapid Ag NP dissolution would be expected at this low pH.

Ag⁺ in solution will interact with various ions and molecules that are present in aqueous media. Important ligands to be considered for Ag⁺ are chloride, sulfide and organic ligands with thiol groups [61], as well as carboxylic acids which are used as Ag NP coatings (e.g. citrate, lactate). Binding by natural organic ligands (fulvic and humic acids, other low molecular weight organic acids) is an important process in natural waters [66]. Chloride is an ubiquitous component of natural waters and is usually present in freshwaters in the concentration range of 0.1–1 mM, in wastewaters 2–20 mM, with higher values in industrial wastewaters, and in seawater with 0.5 M. Synthetic media for algae or Daphnia contain chloride in the range of 0.2–4 mM, media for fish or for mammalian cells in the range of 140–200 mM.

Figure 2 illustrates the solubility of AgCl(s) as a function of chloride concentrations in the range of \(1 \times 10^{-5}–0.16\) M (calculated with VMinteq). It shows that the sum of the dissolved Ag-species is limited to about 0.6 μM in the typical millimolar concentration range for chloride, but that the
dissolved species increase at higher chloride concentrations. However, the speciation of Ag⁺ is different at low and high Cl⁻ concentrations, as the concentration of free Ag ions [Ag⁺] steadily decreases with increasing Cl⁻, and dissolved Ag at higher Cl⁻ concentrations is mostly composed of AgCl complexes, with AgCl⁰(aq), an uncharged species and AgCl₂⁻, a negatively charged species. In culture media with high chloride concentrations, Ag(I) may thus be predominantly present as neutral or negatively charged species. This calculation was done for pH 7.5, but the results will be similar at lower pH. Precipitation of AgCl(s) is a process of concern in terms of colloidal stability, Ag NPs may thus be predominant in freshwater and media for freshwater algae and invertebrates, and of media for fish and mammalian cells.

It has been suggested that the uncharged species AgCl⁰(aq) may play a role in Ag⁺ uptake in algae [67]. However, this interpretation has been challenged by further studies on Ag⁺ uptake by algae in the presence of Cl⁻, which concluded on the influence of Cl⁻ on diffusion limitation of Ag⁺ uptake [68].

The solubility of AgS is extremely low, as illustrated in figure 3. Total dissolved Ag at equilibrium with AgS is mostly lower than 10⁻¹⁰ M, and Ag⁺ are at extremely low levels. Dissolved Ag⁺ in the presence of sulfide is only present as Ag–HS complexes. Small traces of HS⁻ in a medium may thus lead to reactions with Ag⁺ and to the formation of Ag₂S-precipitates at the surface of Ag NPs, or to precipitation of silver as Ag₂S particles. This process has been observed for Ag NPs added in a pilot wastewater treatment plant, in which one tank was not aerated and contained HS⁻ in toxicity experiments with Ag NPs and has been shown to suppress toxicity to algae of Ag NPs with various coatings [46]. In a similar way, N-acetylcysteine has been used to study the toxicity of Ag NPs to nematodes and also suppressed toxicity in this case [57]. The presence of cysteine and other amino acids in the fish cell medium (Leibovitz’s L-15) is likely to influence the toxic effects of Ag NPs, if experiments are carried out with the full medium including serum. Also proteins typically contain thiol groups, to which Ag⁺ may strongly bind and possibly replace essential metal ions [74,75]. Binding of Ag(I) to natural organic ligands was shown to be very strong at low Ag concentrations and was assumed to be due to the presence of thiol ligands [66].

By contrast, carboxylic acids such as citrate or lactate, which are used for Ag NP coatings weakly bind Ag⁺ [61,76]. Using the complex stability constant for an Ag⁺–citrate complex, as given by Yang et al. [76], and a 100-fold excess of citrate over Ag⁺ (Ag(tot) = 1 x 10⁻⁷ M), the calculation results in only 10% of Ag⁺ complexed with citrate. In suspensions containing these molecules as coatings or as dissolved ligands, Ag⁺ will thus be to a large part available to cells or to other cells [57]. However, the coatings may serve as ion buffers, which partly bind Ag⁺ and then release it to the cells. Binding of Ag⁺ by humic acids also appears to be weak, if Ag⁺ is mostly bound by carboxylic groups rather than by thiol groups [77].

From these various processes and chemical reactions, some of the behaviour of Ag NPs in various types of ecosystems may be predicted. In terms of colloidal stability, Ag NPs are expected to be most stable in freshwater at low ionic strength, such as in crystalline rock areas, and to be increasingly destabilized in freshwater with higher ionic strength (in carbonate rock areas), as in estuarine waters and in seawater. Dissolution, which is of prime importance for Ag bioavailability, will be most efficient at low pH (less than 7) and in the presence of strong binding ligands for Ag⁺. Bioavailability of Ag⁺ is decreased in the presence of strong binding ligands, including inorganic sulfide and organic thiol ligands.
Cell culture and biological media are very complex due to their high protein content and ligands as well as possible chelating agents for Ag$^+$ in the solution. The chemical composition of cell culture media essentially consists of four groups of components: inorganic salts, carbohydrates, amino acids and various supplements (i.e. vitamins, fatty acids, lipids and growth factors). As each cell culture medium contains a defined amount of salts, vitamins, pH-buffering substances and nutrients, the addition of fetal bovine serum (FBS), which is commonly used in cell culture media as a primary growth supplement, is difficult to characterize. A high variety between different batches is likely even from a single manufacturer as FBS is produced out of pooled fetal blood collected in slaughterhouses. However, the undefined complex mixture in biological and cell culture media leads to transformations of Ag NPs and complexation of Ag$^+$. Interactions of dissolved Ag$^+$ with ions present in experimental media are expected to influence also Ag bioavailability to exposed organisms. Despite the absence of systematic studies, several observations on ameliorating effects of Cl$^-$ on Ag toxicity to fish [78–80], of cysteine to algae [45] and N-acetylcysteine to nematodes [74] suggest that Ag–chloro complexes and Ag–cysteine (or Ag-N-acetylcysteine) complexes are not internalized in cells. Moreover, uptake experiments with algae that make use of cysteine to remove Ag adsorbed to cell surfaces indicate that Ag–cysteine complexes are not taken up by algae [46]. Nevertheless, more studies addressing the bioavailability of various Ag complexes will be needed to help understand the effects of Ag$^+$ complexation upon Ag toxicity.

4. Nanoparticle transformation at biological interfaces

Transformation processes similar to those that affect the fate of Ag NPs in aqueous solutions are expected to occur once particles interact with biological surfaces and fluids or even within cells and specific compartments. One open question relevant to understanding how Ag NPs are taken up in organisms relates to the chemical composition of the NPs that reach a cell membrane. Currently, no studies with aquatic organisms have addressed this issue while an increasing body of literature demonstrating protein NP interactions, also suggests that it is the identity of biomolecules adsorbed to NPs rather than the original NP that might relate to the observed biological effects [81]. Interestingly, it is the characteristic behaviour of NPs to interact with biological molecules that is being exploited in nanotechnology (i.e. nanomedicine) developments and applications [82]. While transformation might occur in all cellular compartments where NPs are trafficked to after their uptake, the focus of this part of the review is upon the primary fluid to which Ag NPs become exposed.

4.1. Aquatic organisms

NPs at the interface with aquatic organisms will interact with an extraordinary number of diverse biological surfaces. These include skin, gills or gut tissues that have in common epithelial cellular structures in fish and invertebrates, as well as cell walls, which enclose the plasma membrane in microorganisms. These structures are covered with a film of biopolymers produced by the organisms for a variety of functions mostly referred to as mucus (in the case of fish and invertebrates) or extrapolymeric substances (EPS; in the case of microorganisms). Besides being of primary importance in conferring protection from chemical, physical and biological stressors, production of biopolymers by aquatic organisms is used for adhesion to substrates, locomotion, feeding or protection against predators or grazers [83,84]. Both the chemical composition and the amount of polymers composing mucus and EPS are expected to modify the physico-chemical features of NPs before they reach epithelial surfaces.

Mucus in fish and invertebrates is mainly composed of high molecular weight, filamentous, highly glycosylated glycoproteins, enzymes and other proteins and peptides, lipids and polysaccharides. Composition and abundance are highly variable and differ among species. Furthermore, the compositions of mucus are influenced by biological factors as gender, developmental stage or pathogens, and by environmental conditions such as pH or anthropogenic chemicals [85]. Similarly, EPS of autotrophic and heterotrophic communities is composed of enzymes for nutrient acquisition, other proteins, polysaccharides and small organic acids that remain to be identified [86]. Also the composition of EPS is influenced by the species making up the community, their growth state as well as nutrient availability or chemical conditions. Nevertheless, the concentrations of biomolecules in mucus or EPS in the range of micromolar to millimolar correspond to a number of molecules with the potential to completely coat the NP surface. Thus, a protein concentration of 70 g L$^{-1}$ as found in the skin mucus of rockfish [87], corresponds to a number of molecules in high excess compared with the total surface area available for adsorption onto 10 μM Ag in the form of 20 nm NPs. This concentration would result in estimate of 8.4 × 10$^7$ protein/NP, whereas an NP with a diameter of 20 nm may be covered with almost 100 proteins with a radius of 2 nm (assuming an Mr of 20 kDa: http://www.calcitool.org/CALC/prof/bio/protein_size). High densities of mucus are also expected to influence diffusion of NPs to epithelial cells [88]. Correspondingly, EPS bacterial biofilms showed to be important in controlling diffusion of various NPs, including Ag NPs [89].

While particle modification eventually influences their bioavailability, Ag NPs and Ag$^+$ may in turn impair protective functions of mucus or EPS. Studies with fish have observed increased mucus production in rainbow trout exposed to titanium dioxide NPs [90], single-walled carbon nanotubes [91] and more recently in perch exposed to Ag NPs and dissolved Ag [92]. Increased mucus production in fish is a general response observed upon exposure to anthropogenic chemicals to decrease their bioavailability to epithelial tissues. Interaction of Ag NPs and Ag$^+$ with mucus enzymes might also occur, leading to indirect effects as increased susceptibility to infections in fish and invertebrates. Similarly, interactions with EPS enzymes may result in damaged nutrient acquisition or increased grazing susceptibility in communities of microorganisms.

Interestingly, lectins and lysozyme, which are components of mucus and EPS [84], also are a focus of interest for nanomedical applications. Lectins, which are proteins capable of binding carbohydrates, have also been used conjugated to NPs to increase the retention of NPs in the gastrointestinal tract. Because of their property to adhere to the intestinal epithelium and generally to mucosal surfaces, lectins are
exploited in medical applications to increase cellular internalization of drugs or their delivery across mucosal surfaces [93]. Other studies indicate lysozyme to confer exceptional colloidal stability, controlled self-assembly ability and biocompatible surface to lysozyme monolayer-stabilized Au [94].

No information is currently available on the interactions between Ag NPs and Ag⁺ with biomolecules in mucus or EPS produced by various aquatic organisms. Whether Ag NPs and Ag⁺ will interact with components of mucus or EPS will depend on binding affinities and concentration ratios as well as reaction rate constants. Addressing these types of questions is expected to progress the understanding of particle bioavailability, uptake and toxicity in aquatic organisms.

4.2. Biological fluids

In a synthetic human gastrointestinal model, Ag NPs were estimated to be capable of reaching the intestinal wall in their initial size and composition and, following intestinal digestion of AgNO₃ in the presence of proteins, particle formation (20–30 nm) composed of Ag, sulfur and chlorine, may occur [95]. Not only is the gastrointestinal tract covered with mucus but also the epithelium of the airways, where a low viscous mucus layer is covered with a thick layer of high viscous mucus. This heterogeneity also influences particle mobility as shown for various NPs [96], but the chemical reactivity of mucus components with Ag NPs and/or Ag⁺ is only rarely described so far. A recent study has shown that ingested Ag NPs undergo accelerated oxidative dissolution in gastric acid resulting in an interaction with reduced selenium species [97], however, further studies are needed to reveal more details on these complex mechanisms.

In physiological media or in vivo, the bioavailability of Ag NP in internal compartments will be strongly influenced by the local environment: charge and pH, dissolved solutes, proteins, lipids and other potential adsorbing compounds will all have an effect on the aggregation state (agglomeration) and the dissolution of Ag NPs.

In the blood circulation, Ag NPs or Ag⁺ encounter approximately 7000 proteins and isoforms [98,99], which can interact with them. Many studies have been performed to assess bioavailability and toxicokinetics of Ag NPs administered into the bloodstream [100,101], however, to the best of our knowledge, we have not found any studies.

5. Molecular mechanisms of Ag uptake

In order to understand the possible toxicology of Ag NPs, the mechanisms of cellular homeostasis of ionic Ag should be considered. The molecular mechanisms that enable Ag to be taken up and excreted by a cell have long been ignored; and even though some evidence is now available, the overall mechanism remains largely unknown. The role of Ag in biology has not been thoroughly investigated probably owing to the fact that Ag is a non-essential metal, and therefore research focused mainly on toxicity effects rather than more subtle cellular homeostatic mechanisms. In fact, what is known of Ag cellular homeostasis has mainly to do with its interaction with the essential metal copper (Cu). Both excess and deficiency of Cu is deleterious for the cell, thus Cu intracellular concentration is tightly regulated by Cu transporter proteins [102]. Notably, some of these proteins have been shown to transport Ag as well as Cu [103,104].

The strong inhibition by Ag⁺ in Cu uptake experiments suggests that Ag⁺, which are isolatec electric to Cu⁺, can be taken up by the same high-affinity Cu transporter (CTR1) [103]. Inhibition of Cu uptake by Ag has been shown in bacteria [105], plant [106], fish [107] and humans [103,108]. Moreover, recently, it has been demonstrated that CTR1 is an important Ag transporter. Cells over-expressing Ctr1 accumulated Ag and cells lacking Ctr1 had a 50% reduction in Ag content compared with wild-type [104]. In addition, the evidence that Ag⁺ inhibit Cu uptake suggests that monovalent Cu is the favourite substrate for CTR1. This evidence is also confirmed by an enhanced uptake of Cu when cells are pre-exposed to the reducing agent ascorbate [103,109]. From yeast [110] to mammals [111,112], uptake of Cu (and Iron) has been shown to be dependent on reductase proteins located at the plasma membrane. In Cu uptake studies, inhibition of Cu uptake by Ag is used as a marker of CTR1-mediated transport [108]. However, it should also be mentioned that Ctr1-deficient cells (Ctr1 knock out embryonic cells) still accumulated some Cu or Ag, approximately 30 [113] or 50% [104], respectively, showing that there are alternative Ctr1-independent systems. Ctr1-deficient cells express residual Cu transport activity that saturates and is characterized by a Km for Cu of 10 μM (rather than 1–5 μM of CTR1) [113]. Unlike CTR1-mediated Cu uptake, the CTR1-independent Cu transport activity appears to be a Cu(II) transporter, as suggested by the lack of stimulated Cu uptake by ascorbate and the absence of competition by Ag⁻ [113]. The principal candidate for CTR1-independent Cu uptake is the divalent metal transporter (DMT1), however other unknown transporters cannot be excluded. DMT1 has been demonstrated to mediate proton-coupled transport of a broad group of divalent ions, primarily iron [114], but also Cu with lower efficiency [115]. On the other hand, even though the name of this transporter suggests transport of Cu(II), Cu(I) was shown to be the species transported by DMT1 [98,116]. This observation could suggest a role for DMT1 in Ag⁺ uptake however it has not yet been shown.

Another example to CTR1-independent Ag and Cu uptake is well known from the fish physiology literature [117,118]. Freshwater fish constantly lose electrolytes from their concentrated extracellular fluids by diffusion to the dilute environment. The key transporters for the compensation of lost electrolytes are the epithelial sodium channels (ENaC), which are located at the apical membrane of polarized epithelial cells including the gill and facilitate passive uptake of Na⁺ from the dilute environment and the Na⁺/K⁺-ATPase that is located at the basolateral membrane of epithelial cells [107,118]. It is hypothesized that Ag and Cu can inhibit Na uptake through competition for entry across the apical ENaC [118] and also through inhibition of the basolateral Na⁺/K⁺-ATPase [107]. This uptake route for Cu and Ag is likely to occur only in the freshwater fish, where external Na⁺ is only a few millimolar or less [117]. Furthermore, a similar disruption of Na homeostasis was also described in Daphnia magna [119]. However, even though the existence of the apical ENaC has been claimed more than a decade ago, its molecular characterization is still lacking so its existence needs to be confirmed.

Interestingly, inhibition of Na uptake was recently shown in rainbow trout exposed to dialysed Ag NPs while exposure to its measured dissolved fraction did not result in any Na uptake inhibition, suggesting an NP-specific effect [120].
In addition to this 'Na-dependent' uptake route, in fish, similar to all other vertebrate Cu uptake specific transporter (CTR1), which is Na-independent, has been shown [121,122]. Furthermore, the Cu efflux pumps or Cu-ATPases (ATP7A and ATP7B) have also been shown in fish [123]. In addition to Cu-ATPases at the basolateral membrane, a role for a putative Cu : Cl\textsubscript{2} symporter has been proposed by Handy et al. [124] based on observations of DIDS (anion transport inhibitor) sensitivity and correlation between the rate of Cu appearance in basolateral solution and apical Cl\textsubscript{2} concentrations. However, the role of these transporters in the response to excess Ag\textsuperscript{+} or Ag NPs in fish still needs to be confirmed.

In summary, a number of assertions can be made regarding the correlation of the biological impact of Ag NPs and their possible interaction with metals transporters, in particular Cu transporters. First of all because of their size, Ag NPs could not be transported across Cu transporters. For example, CTR1 functions as a trimer forming a membrane ‘pore’ and the centre of the pore was estimated to be 9 Å (0.9 nm) [125]. Therefore, any possible interaction of CTR1 with Ag NPs would be with Ag\textsuperscript{+} dissolved from the NP possibly inside the acidic environment of endosomes or lysosomes (figure 4). For this reason, the most likely mechanism of uptake of Ag NPs is by endocytosis as described for many other NPs [126]. Notably, there are some studies reporting electron microscopy data suggesting that Ag NPs are taken up by the epithelial cells possibly by endocytosis [127,128].

Moreover, following waterborne Ag NPs exposure Ag accumulated in the gill, but also liver [127,129,130] of fish showing that Ag NPs are efficiently transported across gill epithelial cells and reach the liver via the blood. Understanding how Ag NPs interact with serum proteins (e.g. albumin) is of critical importance to determine hepatic Ag NPs uptake.

6. Uptake of Ag nanoparticle in aquatic organisms

During the last 5 years a number of studies have dealt with questions on the fate and ecotoxicity of Ag NPs in aquatic
systems. Published ecotoxicity experiments have informed on concentrations leading to lethal or sublethal effects in a variety of organisms. So far there is no evidence of a particularly high adverse effect, which would be predictable from increased reactivity of materials displaying nano dimensions. Despite this, there is still little knowledge on how Ag NPs interact with aquatic organisms and major questions remain to be examined. For instance, it is generally not known whether assessed toxicity results from internalization of particles in cells of exposed organisms. While Ag⁺ have been shown to explain toxicity to bacteria and algae and partly to other organisms too [46,76,131], other studies show that exposures to ionic and particulate Ag result in distinct transcriptional responses [132,133]. Nevertheless, conclusive evidence for direct effects of particles is still missing. Moreover, as discussed earlier, while environmental studies indicate the susceptibility of Ag NPs to be transformed as a function of pH, ionic strength and chemicals occurring in the environment, no attention has been given to the biological transformation of Ag NPs and their influence on NP uptake and toxicity once particles come in contact with aquatic organisms, or after their internalization. The important role of protein–NP interaction is recognized in nanomedicine and nanomaterials, where it is exploited for the development of new applications such as targeted drug delivery [81,82]. At this stage, progress in understanding how Ag NPs exert toxicity to aquatic organisms would benefit from focusing research priorities on understanding particle transformation and its influence on uptake and distribution in organisms.

Determining the bioavailability, uptake and intracellular accumulation of Ag NPs in aquatic organisms is essential for the evaluation of their toxicity to aquatic life and transfer along the food chain. While unicellular organisms do absorb contaminants directly through cell walls and cell membranes, multicellular organisms as invertebrates and fish can absorb contaminants directly from the water and via food ingestion. Only a limited number of studies have reported so far on cellular internalization of Ag NPs in aquatic organisms. Combining dark field single particle optical microscopy and spectroscopy, Ag NPs were detected in the chorion of zebrafish embryos [134]. However, it is still uncertain whether and to which extent Ag NPs are taken up by fish. For instance, no Ag particles were detectable in perch upon analysis of several organs by dark field microscopy [92]. Larger aggregates of Ag NPs were found to be internalized in the nematodes Caenorhabditis elegans upon particle ingestion [135]. Using transmission electron microscopy (TEM) together with energy dispersive X-ray analysis Ag NPs were also detected in the gut epithelium of the deposit feeder Nereis diversicolor feeding on sediments contaminated by Ag NPs [136]. Intracellularly, Ag NPs were found to be localized mainly in endosomes as well as in lysosomes, where they occur as aggregates. In the same study, the finding that Ag from exposures to AgNO₃ was mainly found to be associated with metallothionein and was taken as indirect evidence that detected particles correspond to the Ag NPs to which the organisms were exposed. Individual electron dense particles were also observed in the freshwater algae Ochromonas danica, but their elemental composition was not examined [137]. Since formation of insoluble inorganic granules represent one way of detoxifying metals through their immobilization [138], identifying the metal of interest is essential [139]. Other studies have used inductively coupled plasma mass spectrometry (ICP-MS) to quantify Ag NP uptake in some aquatic organisms. Thus, increased Ag levels upon exposure to Ag NPs were measured in gill tissue of rainbow trout and zebrafish [127,132], as well as in soft tissues of clams [140,141]. Differently, low levels of Ag detected in the green algae Chlamydomonas reinhardtii exposed to Ag NPs were explained by uptake of dissolved Ag⁺. Moreover, no Ag NP uptake was detected in a cell wall-free mutant of the same algae indicating that not only the cell wall of algae but also the cell membrane constitute a barrier for particle internalization in this algae [47,57].

These studies confirm the potential of Ag NPs to be taken up and distributed in various aquatic organisms, but the toxicological significance of these findings is uncertain because of the general lack of quantitative data. TEM analysis is labour intensive to prepare samples and analysis is time consuming limiting high throughput for a large number of samples [142]. On the other hand, since ICP-MS measurements do not allow sources of Ag to be distinguished, uptake studies require appropriate controls with an Ag salt because Ag NP suspensions might include a variable concentration of Ag⁺ which derive from particle synthesis or dissolution. The internalized Ag that derives from particles is then determined by the difference to the Ag level found to be accumulated upon exposure to the Ag salt concentration corresponding to the dissolved concentration in the Ag NP treatment. Determining whether Ag NPs or Ag⁺ have been internalized in cells also requires particular consideration of sample preparation. Metal ions display considerable binding affinity to a variety of biological ligands and part of the metal at biological interfaces will inevitably interact with potential binding sites before being taken up by cells. Moreover, particles may merely be physically trapped in biological samples because of structural characteristics, as for instance gill tissues in fish or molluscs, which display an extraordinary large surface area. Sample preparations including centrifugation steps might also non-specifically entrap particles. Thus, depending on sample characteristics and preparation, Ag detected by ICP-MS might also include Ag that has not been taken up in cells. One way to operationally define intracellular Ag in biological material consists of removing not internalized particles and Ag⁺ by repeated washing in presence of a strong Ag ligand such as cysteine (figure 5). Experiments with the green algae Chlamydomonas reinhardtii showed that the Ag detected in algae upon exposure to Ag NPs decreased by more than 95% upon subsequent re-suspension and

![Figure 5. Schematic of Ag distribution in algae after exposure to Ag NPs. Total Ag determined by ICP-MS includes Ag NPs and Ag⁺ adsorbed to algal surfaces as well as internalized Ag in the form of particles or dissolved Ag. Assessing the intracellular concentration of Ag requires re-suspending algae in an Ag-free medium to remove adsorbed particles and washing with cysteine, which, as a strong Ag ligand, removes adsorbed Ag⁺. Black dots represent Ag NPs. (Online version in colour.)](Image 358x676 to 470x799)
centrifugation of the cells in Ag-free medium in presence of cysteine, whereas more than 50% Ag was removed after 1 min of washing algae with cysteine while remaining constant upon subsequent washes [47].

Therefore, depending on the procedure adopted to prepare samples the level of intracellular Ag internalization determined by ICP-MS may vary considerably. Currently, the available data on Ag NPs uptake in aquatic organisms are scarce and there is urgent need for more quantitative data which are a requisite to examine how observed toxic effects of Ag NPs relate to Ag accumulated in cells. Moreover, data on particle uptake and accumulation will be important to evaluate potential transfer of Ag NPs along aquatic food chains.

7. Bacterial interactions of Ag nanoparticles

Owing to their simplistic structure and also culturing requirements, bacteria, both Gram-negative and Gram-positive, have been used extensively during the last decade as a model to determine the potential risk posed by Ag NPs, most notably in the field of nano-ecotoxicology [143]. In addition to the plethora of literature highlighting the possible risks posed by nano Ag, a select number of studies have taken the additional step and assessed whether or not Ag NPs are internalized within bacteria; an essential requirement when determining any NP–bacteria interaction [144].

In a recent study by Chamakura et al. [145], Ag NPs within a size range of 10–50 nm [146] were not found to be present inside Gram-negative Escherichia coli after exposure for 2 h at a particle concentration of up to 40 μg ml⁻¹ using conventional TEM combined with elemental analysis; a further necessity when assessing/confirming the entry and intracellular localization of spherical NPs, which elicit a similar size to intracellular organelles (i.e. ribosomes) [139]. This finding was in conjunction with a negative finding for mutagenicity, as determined by a colony formation assay, within the Escherichia coli strain after 2 h exposure at 0.6–10.0 ppm, which was associated with the lack of internalization of Ag NPs [145]. Dror-Ehre et al. [147] also studied the interaction of Ag NPs with Escherichia coli using conventional TEM. In this study, Dror-Ehre and colleagues reported that Ag NPs were present inside the bacteria as well as being attached to the outer membrane. Although the two-dimensional images shown by Dror-Ehre and colleagues may be suggestive of such a conclusion, the authors did not incorporate elemental analysis nor did they perform electron tomography (three-dimensional TEM) in order to confirm the presence of the Ag NPs within the Gram-negative bacteria, thus making the known presence within the bacteria questionable. Dror-Ehre et al. [147] did, however, suggest the notion that due to an aggregation observed of the proposed internalized Ag NPs (15 nm inside bacterium versus 6 nm outside bacterium). While it has been reported that nano-objects may agglomerate/aggregate when present within a membrane-bound vesicle within eukaryotic cells [148], it is debatable whether or not the status of aggregation/agglomeration of the NP sample can be a determining factor that provokes cellular internalization or not. From these two studies, it can be suggested that Ag NPs do not easily penetrate into Gram-negative bacteria. However, a study by Yuan et al. [149] showed a limited number (although no quantification of the internalized fraction was performed) of Ag NPs to be internalized by Gram-negative Nitrosomonas europaean after 3 h exposure at a particle concentration of up to 10 mg ml⁻¹. Similar to Chamakura et al. [145], Yuan et al. [149] used conventional TEM analysis combined with elemental analysis, suggesting that the ability of Ag NPs to gain access beyond the lipid bilayer and enter Gram-negative bacteria is specific to the bacterial strain used and not a function of the methodology used by the different authors. However, the Ag NPs used by Yuan et al. [149] were between 4 and 10 nm in size; a factor of five times smaller than Ag NPs studied by Chamakura et al. [145]. This difference could further suggest that particle size is a contributing factor regarding the ability for Ag NPs to enter Gram-negative bacteria. This hypothesis however, is counteracted by the study of Dror-Ehre et al. [147], who used Ag NPs ranging from 4 to 20 nm in diameter (with varying surfactants and charges on the NP surfaces). The findings from this single study, alternatively suggest therefore, that perhaps neither size nor surface characteristics of the Ag NPs play a significant role in the internalization of Ag NPs by Gram-negative bacteria.

Although such an equivocal stance is paramount within the field since the majority of studies have assessed the Ag NP–bacterial interaction using Gram-negative bacteria, in a recent study by Mirzajani et al. [150] the Gram-positive bacterial strain Staphylococcus aureus was used. Ag NPs (diameter 1–5 nm) were reported to be present within bacteria after 24 h exposure using conventional TEM. Similar to the study of Dror-Ehre et al. [147], Mirzajani et al. [150] did not use further elemental or tomography analysis of the bacterial samples, instead Mirzajani et al. [150] proposed that the presence of Ag NPs within the bacteria was due to a change in the specific electron density with the bacteria. Such assessment of the internalization of Ag NPs is debatable however, owing to the extensive sample preparation procedure in which contamination material (e.g. uranyl acetate staining) can be easily observed as electron dense substances, possibly indicative of nanomaterials [139]. It is therefore not clear whether or not the Ag NPs were internalized by Staphylococcus aureus over the 24 h exposure period.

Although it has been shown by Yuan et al. [149] that Ag NPs may enter bacteria, although at a limited number, it can be suggested that Ag NPs do not readily enter either Gram-negative or positive bacteria. This notion, while possible, is difficult to comprehend based on the extensive literature database that eludes to the fact that Ag NPs can elicit both an adverse (cytotoxic) and positive (antimicrobial) response [143]. The lack of any feasible and conceptual proof and understanding if Ag NPs can enter bacteria provides strength to the hypothesis that the (adverse and positive) biochemical effects observed within biological systems following exposure Ag NPs are caused by Ag⁺ and not the NPs themselves [151]. However, if Ag⁺ drive the biochemical effects monitored, then do they enter the bacteria themselves or not? If the Ag⁺ can enter bacteria, then how is this achieved? It is perceived that through many different ion channels, Ag⁺ are able to gain entry into bacteria and subsequently interact with the inner components (i.e. nucleoid region).

In summary therefore, there is a large knowledge gap within the field as regards the ability for Ag NPs to enter bacteria, and if they possibly are engulfed, by what mechanisms. Furthermore, Ag⁺ seem to present the most notable possibility for the passage of Ag into bacteria, yet it is only hypothesized how their passage into bacteria may occur. In order to understand these aspects of the Ag NP–bacterial interactions, a plethora of literature highlighting the possible risks posed to the study of Dror-Ehre et al. [147], did, however, owing to the extensive sample preparation procedure in which contamination material (e.g. uranyl acetate staining) can be easily observed as electron dense substances, possibly indicative of nanomaterials [139].
interaction, it is therefore essential for future studies to also investigate the localization of Ag NPs in association with bacteria and if a direct or indirect interaction occurs, and how this relates to any response observed.

8. Uptake of Ag nanoparticles in mammals

At present, there are few references related to the bioavailability of Ag NPs to terrestrial animals. Most of the information comes from laboratory studies using highly controlled exposure methods. From these studies, and the few that have looked at environmentally relevant exposures, it is possible to determine a rough picture of the bioavailability of Ag NPs to terrestrial organisms. However, many questions remain essentially unknown, especially with respect to realistic exposure models.

Once terrestrial animals come into contact with Ag NPs, the physiological route of exposure also needs to be considered as each pathway will confer different bioavailability on the host. Uptake of Ag NPs to terrestrial organisms can occur via air, soil and water, and these uptake routes all confer potentially different bioavailability. The primary route of uptake into terrestrial animals is likely to be via the lungs or through the gastrointestinal epithelia, with trans-dermal transport being a minor route. In addition, if retention of the NPs occurs in the animal, potential sources of transfer of NPs to offspring may occur through lactation or could be passed through the birth or the placenta. However, only very few studies have actually looked at bioavailability of Ag NPs to terrestrial animals with environmentally realistic exposure scenarios. One study has shown that once into contact with terrestrial organisms such as earthworms, Ag NPs were shown to bioaccumulate 5.1 ± 0.5% and 11.0 ± 0.3% of the Ag NPs and Ag⁺ (respectively) from the contents of their guts; after 48 h, the corresponding values were 0.38 ± 0.03% and 2.3 ± 0.1%, Ag NPs and Ag⁺ respectively [152].

By far, the best sources of information regarding the bioavailability of Ag NPs comes from controlled laboratory studies, primarily performed on rats or mice and generally using either i.v., instillation or inhalation as means of controlled exposure. Some of these studies are summarized in review form by Kruszewski et al. [153]. The bioavailability of orally administered Ag NPs was 1.2% in rats treated with 1 mg kg⁻¹ Ag NPs and 4.2% in animals treated with 10 mg kg⁻¹ Ag NPs [101]. Ag was found to be present in all examined organs of rats exposed to Ag NPs, with the highest levels in the liver and spleen for all Ag treatments [154]. In this study, Ag concentrations in the organs were highly correlated to the amount of Ag⁺ in the Ag NP suspension, indicating that mainly Ag⁺, and to a much lesser extent Ag NPs, passed the intestines in exposed rats [154]. In addition, it has been shown that Ag NPs injected in rats can be translocated from the blood to all the main organs and that the concentration of Ag in tissues was significantly higher in rats treated with 20 nm Ag NPs when compared with 200 nm Ag NPs [100]. The accumulation of Ag was also observed in all examined rabbit organs, including liver, kidney, spleen, lung, brain, testis and thymus up to 28 days following a single intravenous dose [155].

An uptake of Ag NPs into mammalian cells such as lung epithelial cells could be shown in vitro by TEM using an air–liquid exposure cell system to avoid particle dissolution (and aggregation) in cell culture media. The Ag NPs were endocytosed and highly aggregated inside vesicular structures, but they did not cause cytotoxicity or induce the release and expression of oxidative stress and (pro-)inflammatory markers. For equal AgNO₃ exposure concentrations, similar effects were observed, and it has been concluded that no acute cytotoxic and (pro-)inflammatory effects for Ag at a realistic exposure dose can be assumed [156]. This is in agreement with another comprehensive review recently published by Chernousova & Epple [157], who showed that the risks for humans and the environment seem to be limited.

However, the fate of intracellular Ag NPs or Ag⁺ cannot be answered so far. The problem is that the majority of cell culture studies are done under suspension, and as already discussed it is then difficult to differentiate between the particle and ionic effects. One possibility to overcome the issue with suspension experiments is to use air–liquid exposure systems, if lung cells are considered in the study [156]. Using such sophisticated systems, the direct exposure of a defined solution with either Ag NPs or Ag⁺ onto the cell surface can be controlled, and therefore the possible observed effects can directly be linked to a particle or ion effect.

To the present, the only side effects to humans exposed to Ag⁺ are Ag deposits in colocalization with sulfur and selenium as found in patients with ‘argyria’ an irreversible discoloration of the skin [13,158]. However, the exact chemical reaction that leads to Ag deposition is still unclear.

9. Conclusions

In order to understand the potential toxicity of Ag NPs, it is essential to understand their chemical and biochemical behaviour in aquatic and biological systems. Dissolution, which is of primary importance for Ag bioavailability, is very much influenced by the pH and the presence of strong binding ligands, which is completely different in the various environments. In addition, the routes for exposure and the varied transformation processes in environmental and physiological compartments make the prediction of Ag NPs bioavailability difficult. One important point is that each study with Ag NPs has to be related in more detail to the chemical and biochemical conversion in the medium, where the experiments have been performed, only this will allow for a more comprehensive understanding of the potential of Ag NPs for further applications.

For further experimental research, we suggest in detail the following points:

- determination of the release of ions from the Ag NPs in the medium/system used in order to distinguish between effects from the particle and the ionic form;
- further studies on uptake of Ag NPs in various types of cells and of organisms, however, considering the different systems when data are compared, i.e. prokaryotic and eukaryotic cells do not behave similar upon one stimulus;
- use of realistic exposure systems for both aquatic and biological systems, i.e. use of realistic dose and exposure scenarios;
- understanding the role of protein binding to the surface of Ag NPs; and
- revealing relevant mechanisms of endocytotic uptake of Ag NPs and the importance of intracellular NP
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References


